**PROFESSIONAL DEVELOPMENT ACTIVITY**

**Title:** Sex Education  
  
**Rationale:**

After researching information on post abortion syndrome and doing a webliographpy of ten journal articles on post abortion syndrome, it appears that the rationale thing to do, to help prevent abortions and the syndromes, to begin educating and teaching adolescents about these issues and other related subjects. This will cause more people to be wise and informed, and to hopefully cause a decrease in women having abortions and the affecting syndromes.

**Goals:**

1. More students will comprehend concepts of sex in marriage
2. More students will “say no” and abstain
3. More students will practice “safe dating” or delay dating
4. More students will be informed and not scared
5. More students will stay pure and chaste (virgins), and guilt and shame free

**Objectives:**

1. Students will be informed instead of being ignorant or having fear
2. Students will understand the difference between lust and love
3. Students will discuss with parents and peers when pressure or weakness is felt
4. Students will utilize informational resources to maintain strength during pressured times, and not have guilt and shame
5. Students will explain and/or illustrate to their peers the purpose and plan for sex as set forth in God’s Word

**Presentation Procedures**: Students will read assigned chapter(s) from classroom health textbook and specified brochures pertaining to the subject, prior to the scheduled session. At the beginning of each session/seminar the students will do the pre-test. During the session, in a large setting (auditorium), the counselor will give a mini-lesson on the purpose of sex and intercourse, and the purpose of the nuclear family. Questions and answers will follow. Teachers will collect post evaluations the next day after the seminars and submit them to the guidance counselor. Points to be covered are:

* The difference between lust and love
* Success of one husband and one wife
* Value and benefit of one mother and one father for all children
* Less family dysfunctions
* Less disease
* Less chance of adultery and infidelity
* A model and vision off springs
* Less stress, guilt and shame
* Better stability and peace of mind

**Evaluations:** Pre-vocabulary test& Post Assignment

1. abstinence -
2. intercourse -
3. Holy matrimony –
4. marriage –
5. family –
6. purity –
7. sacred –
8. chaste
9. lust
10. love –

(Post Assignment)

Students will write an essay on “what it means to them to be abstinent and their plan to obtain that goal” (to be submitted the following day, to the teacher/counselor).

**Modifications for Special Needs:** counselor and teachers will assist

**Online Resources (optional):** [www.FocusontheFamily.org](http://www.FocusontheFamily.org) web sites as bookmarked by the counselor

**Preparations:** Memo to teachers

To set the ground work for activity and the first of this New Year, we will kick off this professional development activity, in the school auditorium on the following dates:

* Tuesday, January 19, 2010, 12:00 and 1:00pm, grades 8th & 9th
* Wednesday, January 20, 2010, 12:00 and 1:00pm, grades 10th & 11th
* Thursday, January 21, 1:00pm, grades 12th

Teachers please instruct your students to read the applied chapters in their text books, the brochures, and any computer research, in accordance to the seminar. Also, please continue to collect the parental forms that were issued last week, as the course will be on sex education. Those students who will not attend will receive an excused absence and will be picked up by their parent or authorized person.

We look forward to great success this school year. Thank you for your continued support.

KT

Scripture for the week: And the LORD answered me, and said, write the vision, and make it plain upon tables, that he may run that reads it, [Habakkuk 2:2](http://bibleresources.bible.com/passagesearchresults.php?passage1=Habakkuk+2:2&version=9). In the midst of the family foundations being attacked, there are still youth who desire to be virgins or keep “sacred/chaste” until marriage. High school students make choices about when to engage in sexual activities. The best choice is to abstain until marriage (this is not a “scare tactic”). Being that this is a Christian school and to keep our students focused on Biblical principles (Train up a child in the way he should go: and when he is old, he will not depart from it, [Proverbs 22:6](http://bibleresources.bible.com/passagesearchresults.php?passage1=Proverbs+22:6&version=9)), the purpose of this lesson is to encourage and strengthen students, personally and socially, to continue to abstain sexually and to just say “no,” and to inform them that it is still okay to be a “virgin.”

References

Focus on the family, 2009.Retrieved December 26, 2009<http://www.focusonthefamily.com/socialissues/abstinence.aspx>

The educator’s reference desk, 2002. Retrieved December 26, 2009

<http://www.eduref.org/cgibin/printlessons.cgi/Virtual/Lessons/Health/Human_Sexuality/SEX0200.html>

Toward a sexually healthy America, 2001. Retrieved December 26, 2009

<http://www.siecus.org/_data/global/images/tsha_scaredchaste.pdf>